





## **DARK GRAINY PREMIX**

Dark Grainy premix is perfect for making healthy dark multigrain bread with seeds. The roasted malt in the mix imparts a natural dark colour and malty taste to the bread.



## BAKER RECIPE

Wheat Flour	800 gm
DARK GRAINY PREMIX	200 gm
Salt	20 gm
Water (approx.)	600 gm
Fresh Yeast / Dry Yeast	30 gm / 10 gm

## **INGREDIENTS**

Refined Wheat Flour, Sunflower Seeds, Flax Seeds, Sesame Seeds, Rolled Oats, Malted Wheat Flour, Malted Barley Flour, Malt Extract, Emulsifier (E481), Vitamin C, Blend of enzymes.

## **BAKING METHOD**

Place all the ingredients in a mixing bowl. Use spiral mixer, mix on a slow speed for 4 mins and then mix on a fast speed for 5 mins. Dough temperature should be between 24°C to 26°C. Bulk fermentation for 30 mins. Scale the dough weight to 400 gm. Intermediate proof not required. Final proof for 40 mins at 32°C under 75% relative humidity. Bake at 230°C under falling temp. of 210°C for approximately 30-40 mins for 400 gm piece of dough. Bake with lots of steam.







PAPER BAG (5kg X 4)

DRY AND HYGIENIC **ENVIRONMENT**